



Safe Online Weight Loss Consultation Checklist (UK)

Use this checklist before choosing a UK online pharmacy or provider for weight loss support.

Designed to help you compare providers safely and avoid common risks.

Provider checks

1. The pharmacy is registered with the General Pharmaceutical Council (GPhC)
 2. The website clearly shows UK contact details
 3. The provider explains who reviews the consultation
 4. A qualified prescriber or clinician is involved
 5. Prescription treatment is not offered without a consultation
 6. Regulatory details are easy to find
 7. Patient support details are clearly listed
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Consultation checks

1. The provider asks for height, weight, and BMI
2. The provider asks about medical history
3. The provider asks about current medication
4. The provider asks about allergies
5. The provider asks about pregnancy or breastfeeding where relevant
6. The provider explains that treatment depends on clinical approval
7. The provider explains what happens if treatment is not suitable



Cost checks

1. The full monthly cost is clearly shown
 2. Consultation fees are explained upfront
 3. Delivery fees are visible before checkout
 4. Follow-up costs are clearly stated
 5. Cancellation terms are easy to understand
 6. Refund policies are transparent
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Delivery and support checks

1. The dispensing pharmacy is clearly identified
 2. Delivery method is explained
 3. Tracked delivery is available
 4. Patient information is provided before treatment starts
 5. Follow-up support is available
 6. Clear advice is given for side effects or concerns
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Warning signs

1. The provider does not promise unrealistic results
2. The provider does not pressure you to start quickly
3. The provider does not hide fees until checkout
4. The provider does not skip key medical questions
5. The provider does not make unclear or misleading claims



Before you proceed

1. I understand this is not a substitute for medical advice
 2. I understand prescription treatment may not be approved
 3. I know how to contact the provider with questions
 4. I have reviewed the provider's patient information
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About this checklist

This checklist is provided by Compare Pharmacies to help users choose safe, regulated UK online pharmacy services.

It is for general guidance only and does not replace professional medical advice.